



**SOUND PHYSICIANS, INC.  
AND ITS AFFILIATED COVERED ENTITIES  
REQUEST FOR ALTERNATIVE COMMUNICATIONS FORM**

PATIENT NAME: \_\_\_\_\_

BIRTH DATE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

PLEASE RESTRICT COMMUNICATION OF THE FOLLOWING PROTECTED HEALTH  
INFORMATION ABOUT THE ABOVE PATIENT:

\_\_\_\_\_  
\_\_\_\_\_

PLEASE COMMUNICATE THE PROTECTED HEALTH INFORMATION DESCRIBED ABOVE  
**ONLY** AS FOLLOWS:

\_\_\_\_\_  
**Signature of Patient**

\_\_\_\_\_  
**Date of Signature**

*OR*

\_\_\_\_\_  
**Signature of Guardian or  
Legally Authorized Representative (if  
patient is a minor or unable to sign)**

\_\_\_\_\_  
**Date of Signature**

\_\_\_\_\_  
**Description of Authority to Act  
for the Individual**

\_\_\_\_\_  
**Printed Name of Legally Authorized Representative**

*Authorizations signed by a representative must contain a copy of the guardianship papers or power  
of attorney.*

***NOTE: ALL REQUESTS FOR ALTERNATIVE COMMUNICATIONS MUST BE SUBMITTED IN  
WRITING ON THIS FORM. THE FORM SHOULD BE RETURNED TO THE PRIVACY OFFICER  
AT THE FOLLOWING ADDRESS:***

**Chief Compliance & Privacy Officer  
Sound Physicians  
1498 Pacific Avenue, Suite 500 Tacoma, WA 98402  
Phone: 1-855-768-6363  
compliance@soundphysicians.com**